

Bathhouse Complex

When creating the bathhouse complex at Fish Point Family Resort, we drew on centuries-old traditions of Russian steam bathing. Nothing here is accidental — every element of the space is designed to achieve one goal: deep relaxation and energy restoration.

Our experienced bath masters will prepare the steam room according to your preferred temperature and steam intensity, and guide you through one of our steam rituals. All of these — from brief to extended sessions — provide therapeutic benefits, leaving you feeling lighter and more at ease.

Naturally, steam bathing is most effective when practiced regularly as part of a self-care ritual.

Bathhouse. Steaming Rituals

Group Aromatic Steam
15–20 minutes

A gentle introduction to hot steam and birch bath brooms. Deep breathing, relaxation, and preparation for the ritual. Light warming of joints and muscles with aromas of your choice: mint, sweet clover, wormwood, or eucalyptus.

Salt Rolling
up to 15 minutes

A salt detox body massage with the addition of honey, performed in the steam room. A deep reset for body and spirit, allowing complete disconnection from your everyday problems.

Traditional Steam
15–20 minutes

A single-session steam using birch or oak brooms. Gentle warming, ideal for those new to the Russian banya, including children.

Intense Contrast Steam
15–20 minutes

An individual invigorating steam session using oak or birch brooms with contrast treatments — for those who enjoy vivid sensations.





Bathhouse. Steaming Rituals

Circular Steam
up to 40 minutes

Even, deep warming of the body, as the steam gradually envelops you, with rising temperature and intensity.

Unlike classic steaming, you move between different positions — back, stomach, and sides — while broom techniques warm the abdomen, back, thighs, glutes, and joints.

Circular steam can be performed in one or multiple rounds.

Circular Steam
up to 20 minutes

Steaming with juniper brooms followed by a refreshing cold mineral water pour.

After the session, we recommend a soothing tea ceremony featuring healing herbal infusions, honey, and preserves.

Bast Fiber Wash
up to 20 minutes

A bast (lyko) fiber wash is the oldest Russian bath tradition. The fibers of the bast sponge are of optimal firmness, allowing for a gentle yet effective skin massage.

This treatment improves circulation, stimulates tissue metabolism and removes toxins, leaving the skin soft and silky.



Plunge Pool

Hot · Warm · Cold · Herbal
Forest · Leaf-infused · With decoction

Soaking in hot water relaxes the muscles, improves circulation, and relieves fatigue. The addition of herbs enhances the wellness benefits.

Book a session to experience the full effects of our steam rituals. At the end of the ritual, we recommend a plunge in the pool — it awakens the body and fills it with fresh energy.

Bath Rituals

Thoughtfully designed recovery programs based on Slavic steam traditions, enhanced with expert knowledge of herbs, aromatherapy, and massage techniques. Each ritual is a gentle journey toward physical and emotional balance. Choose your own — from deep cleansing to tender relaxation, from vivid contrast to meditative warmth.

The journey concludes with a traditional tea ceremony featuring healing herbal infusions, honey, and dried fruits.



Return to Life
from 3 hours

Our signature experience — thoughtfully designed and rooted in the highest level of expertise — is a complete bath ritual. Three steps to full physical and emotional restoration: warming with aromatherapy and friction massage, gentle steam for deep and effective warming, and an intense contrast steam.

We recommend turning off your phone for the duration of the program. No rush, no need to worry.



Altai Health
from 2.5 hours

Steaming in three rounds using birch, oak, and fresh fir brooms, enhanced by an herbal infusion of sweet clover and eucalyptus for deeper relaxation.

Honey exfoliation is performed between steam sessions.

The ritual concludes with an immersion in a warm plunge pool with a healing infusion, followed by a neck-and-shoulder massage.



Birch Paradise
from 2.5 hours

Steaming in two rounds with birch brooms using infusions of wormwood, eucalyptus, or sweet clover. The ritual also includes immersion in a cold plunge pool and a relaxing massage on a meadow herb mattress.



Deep Cleansing
from 2.5 hours

The ritual begins with a gentle massage using oak brooms at 40°C. A herbal mattress with an eucalyptus layer, cool fir branches, and steam infused with eucalyptus and sweet clover fill the steam room with the soothing forest and meadow scent.

The second stage is a salt rolling massage. At the end of the ritual, the bath master washes away the used salt along with fatigue and stress.The cleanse concludes with deep steaming using oak brooms and a refreshing ice plunge.



Eastern Care
1 hour and 20 minutes

This ritual combines a heated stone massage with exfoliation using a kese mitt to gently cleanse the skin, improve microcirculation, reduce cellulite, relieve fatigue, and promote deep relaxation.

Exfoliation removes dead skin cells, boosts circulation, and supports detoxification, while the foam massage provides profound relaxation and unforgettable moments of rest.

Bathhouse SPA Programs

An unforgettable bachelorette party, a heartfelt stag night, or a romantic SPA program for two. At Fish Point Family Resort, we believe self-care is best enjoyed with meaningful connection, which is why we created special programs for couples and friends. Our bathhouse SPA programs can become a memorable event — or a regular cherished tradition.

Programs are designed to restore vitality, detoxify, rejuvenate the body, and, of course, provide relaxation among loved ones.



SPA Bachelorette Party

4 hours, 5 guests

A ritual including access to the bathhouse and herbal plunge pool, single-round steaming with brooms by a bath master, herbal tea, treats, and a bottle of champagne.

Extended program options:

Chocolate SPA Bachelorette Party
The basic package plus a body mask.

Detox SPA Bachelorette Party
The basic package plus a face mask and body exfoliation.

Premium SPA Bachelorette Party
The basic package plus an individual steam ritual with brooms by a professional bath master.



SPA Bachelor Party

4 hours, 5 guests

A ritual including access to the bathhouse and plunge pool, single-round steaming with brooms by a master, refreshing drinks, and treats.

Extended program options:

Renewal SPA Bachelor Party
The basic package plus an individual steam ritual by a professional bath master.

Premium SPA Bachelor Party
The basic package plus an individual contrast steam with brooms and an aromatic herbal mattress.



SPA Programs for Two

3 hours, 2 guests

Sugar SPA
The ritual includes warming in the bathhouse, a body care treatment set, and a tea ceremony.

Coconut SPA
Warming in the bathhouse, comprehensive body care including exfoliation, a massage, and a body wrap, followed by a tea ceremony.

Malaysian SPA
Warming in the bathhouse with a bath master and brooms in one round, a body care treatment set, and a tea ceremony.

Detox for Two
Warming in the bathhouse with a bath master and brooms in one round, comprehensive body care including a massage, exfoliation, and a body wrap, followed by a tea ceremony. The treatment is performed using Comfort Zone skincare products.